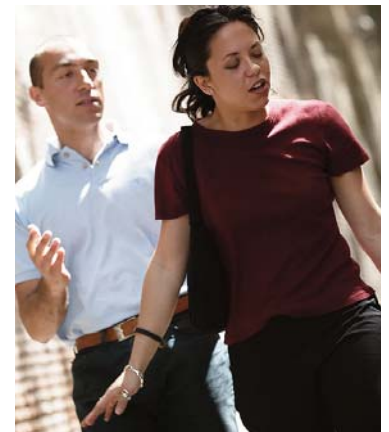


Intensive Outpatient Programs for Sex and Porn Addiction

No matter where you live, SRI's Intensive Outpatient Programs (IOPs) are a **short-term, high-value** and **low-cost** alternative to other forms of intensive treatment.

Our **10-day IOP** provides a highly-personalized program of daily individual therapy, group education, structured support.



For individuals and couples
needing effective help—
Now!

Cybersex and Porn Problems

Multiple Infidelities and Affairs

Sexual Harassment and Arrest

Compulsive Masturbation

Online Hook-Ups

Workplace Boundary Violations

Prostitutes and Erotic Massage

Anonymous Sex

Exhibitionism and Voyeurism

IOP SAMPLE SCHEDULE: WEEK ONE

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|---|---|--|
| 9:30-10:00 Welcome and Check-In | 10:00-10:15 Check-In and Accountability | 10:00-10:15 Check-In and Accountability | 10:00-10:15 Check-In and Accountability | 10:00-10:15 Check-In and Accountability | |
| 10:15-11:45 Lecture: The Reality of Sexual Addiction | 10:15-11:45 Lecture: Trauma and Addiction | 10:15-11:45 Lecture: Multiple Addictions | 10:15-11:45 Art Therapy | 10:15-11:45 Lecture: Sexual Sobriety and Relapse Prevention | 10:00-11:15 Lecture: Understanding Forgiveness |
| 12:00-2:00 Lunch and Support Group | 12:00-2:00 Lunch and Support Group | 12:00-2:00 Lunch and Support Group | 12:00-2:00 Lunch and Support Group | 12:00-2:00 Lunch and Support Group | 11:30-1:00 Support Groups— Addicts and Spouses |
| 2:00-3:00 Individual Therapy / Assessment | 2:00-3:00 Individual Therapy | 2:00-3:00 Individual Therapy | 2:00-3:00 Individual Therapy | 2:00-3:00 Treatment Team Feedback Group | |
| 3:00-4:30 Lecture and Task Work: Life Consequences | 3:30-4:30 Lecture and Task Work: Sexual History | 3:00-4:30 Lecture and Task Work: The Person Underneath the Behavior | 3:00-4:30 Lecture and Task Work: Shame and Unhealthy Sexuality | 3:00-4:30 Lecture and Task Work: Relapse Prevention and Weekend Planning | |
| 4:30-4:45 Wrap-Up and Closure | 4:30-4:45 Wrap-Up and Closure | 4:30-4:45 Wrap-Up and Closure | 4:30-4:45 Wrap-Up and Closure | 4:30-4:45 Wrap-Up and Closure | |

WHERE DO IOP CLIENTS RESIDE WHILE RECEIVING TREATMENT?

- Local Supervised Residential Recovery House (preferred)
- Family or Friends
- Nearby Hotel

WHAT DOES THE INTENSIVE PROGRAM COST?*

Please call for specific fee information. A one-week deposit is required prior to beginning the program. SRI does not directly bill insurance for treatment costs, however statements are provided for insurance reimbursement and tax purposes. We accept Visa, MasterCard and American Express.

* Fees do not include housing, food, transportation, unexpected medical or specialty consultation costs. Any additional fees will be discussed prior to billing the patient.

DOES THE IOP INVOLVE WIVES AND PARTNERS?

We encourage all significant others to be involved in treatment via email, phone contact and onsite therapy — whenever useful and indicated. Spousal involvement is scheduled by the primary therapist after admission and organized around the specific needs of each couple and client.

WHAT ABOUT CONFIDENTIALITY?

At the Sexual Recovery Institute all communication is *strictly confidential*. When returning inquiry phone calls or email we do not disclose the nature of our work or give out the name or agency speciality unless speaking directly to you.

For more information or to schedule an evaluation, please call our intake department at 310-Call-SRI (310-225-5774) or e-mail info@sexualrecovery.com

Visit www.sexualrecovery.com

Call **310-CALL-SRI** (310-225-5774) for confidential information.