



# Center for Healthy Sex

315 S. Beverly Drive, Suite 307

Beverly Hills, CA 90212

(310) 281-6163

[www.centerforhealthyssex.com](http://www.centerforhealthyssex.com)

## Support Group for Partners of Sex Addicts

This is a 10-week support and process group. Together, group members will explore and confront the following questions:

- Since learning about your partner's sexual addiction, have you been suffering from intense feelings of betrayal, anger, grief and anxiety?
- Are you too ashamed of your partner's addiction to tell friends and family, people who might otherwise be able to offer you support?
- Are you preoccupied with your partner's addiction at the expense of your own needs and self-care?
- Has your preoccupation with your partner's actions led to a sense of *loss of self* compounded by an erosion of your own self-esteem?
- Are you prepared for your partner to disclose all of their past sexual behaviors to you?
- What affect has learning about your partner's addiction had on your own sexuality?
- Do you feel excessive responsibility for your partner's actions and behaviors?
- In what ways have you enabled your partner's addiction or rescued them from the consequences of their actions?
- What are the ways in which you denied or ignored signs of your partner's addiction?

**Wednesdays**  
**7:30 pm – 9:00 pm**  
**\$65.00 per weekly session**

**Group Leaders: Alexandra Katehakis, MFT, CSAT**  
**Suzanne Pelka, Ph.D.**

Alexandra Katehakis is Clinical Director of the Center for Healthy Sex. Dr. Pelka received her B.A. from UC Berkeley and her Ph.D. from The University of Chicago. In addition to her practice at the Center for Healthy Sex, Dr. Pelka is a research fellow at UCLA. Dr. Pelka is a member of the Society for the Advancement of Sexual Health (SASH). MFT Intern #51161\*

**Space is limited so call 310.281.6163 to make your reservation!**

\*Supervised by Alexandra Katehakis, MFT 36902