

A Place for Healing from Sexual Addiction

Bethesda Workshops

3710 Franklin Rd.
Nashville, TN 37204

Phone 866-464-4325
Local 615-467-5610
Fax 615-467-5612

www.BethesdaWorkshops.org

To register for a workshop click
www.bethesdaworkshops.org
or call toll-free 866-464-4325

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Marnie C. Ferree, M.A., LMFT
Director/ Ministry Leader

*"This workshop
changed my life!"*

Bethesda Workshops is an
outreach ministry of the Family
of God at Woodmont Hills.
Visit www.woodmont.org

BETHESDA WORKSHOPS 2009

A Place for Healing from Sexual Addiction



866-464-HEAL
bethesdaworkshops.org

Workshop fees
REDUCED
in 2009

MISSION

Bethesda Workshops encourages sexual wholeness by ministering to those damaged by pornography and other forms of sexual addiction. We seek to provide a place of healing where people can begin a process of restoration with God, themselves, and with others. We use the best clinical strategies, coupled with Christian principles.

Program Information

The workshop is a distinctly Christian (grace-based, non-denominational) environment.

Facilitators are at least master's level, licensed clinicians specifically trained to treat sexual addiction and trauma.

Agendas for all individual workshops include teaching, small groups, writing exercises, experiential exercises, and informal sharing.

Each clinical intensive provides the equivalent of 8-12 months of therapy. Participants must continue working a program of recovery after a workshop.

The program fee includes all lodging and meals. Workshops are held in Nashville, Tennessee.

Bethesda Director

Marnie C. Ferree, M.A.
Licensed Marriage & Family Therapist



Marnie has directed Bethesda Workshops since 2000 and is a national leader concerning sex addiction in women. She frequently presents at professional, recovery and church conferences. In addition to numerous articles, Marnie is the author of *No Stones: Women Redeemed from Sexual Shame*, a book about female sexual addiction, and the workbook *L.I.F.E. Guide for Women*.

Marnie and David Ferree have been married since 1981 and are the parents of a married daughter and young adult son.

What Sets Bethesda Workshops Apart

Several factors distinguish Bethesda Workshops from similar-sounding programs:

- ◆ 4-day workshop program instead of only 3 days ◆
- ◆ Workshop fee includes all lodging *and* meals ◆
- ◆ Similar intensive workshop available for partners and couples ◆
- ◆ Multiple staff at each workshop offer different therapeutic styles and expertise ◆
- ◆ *No interest payment plans and scholarships available* ◆

HEALING FOR MEN
for men who personally struggle with sex and relationship addiction

HEALING FOR WOMEN
for women who personally struggle with sex and relationship addiction

HEALING FOR PARTNERS
for individuals in significant relationship with a sex addict

HEALING FOR COUPLES
for couples struggling with sexual addiction and co-addiction

Workshop Dates & Times

| | |
|------------------------|--------------------|
| January 28-31, 2009 | Wednesday |
| March 25-28, 2009 | 1:00 pm - Saturday |
| May 13-16, 2009 | Saturday |
| July 29-August 1, 2009 | 4:00 pm CST |
| October 7-10, 2009 | Nashville, TN |
| December 9-12, 2009 | |

- TOPICS**
- | | |
|------------------|--------------------|
| Unmanageability | Family of origin |
| Childhood abuse | Cycle of addiction |
| Boundaries | 12 Step recovery |
| Rebuilding trust | Family recovery |
| Healthy intimacy | Spirituality |

LEADERS (Varies by Workshop)

- ◆ Ted Baldick, Ph.D.
- ◆ Jim Cress, M.A., LPC
- ◆ Marnie Ferree (Guest Lecturer)
- ◆ Eli Machen, M.S.W.
- ◆ Kirk McDermott, M.A., LMFT
- ◆ Ken Taylor, LCSW, CSAT

Healing for Women & Healing for Partners workshops are held simultaneously. All participants meet jointly for devotionals and some core teaching, but the majority of the workshop is segregated into the two groups. All small groups are separate.

Workshop Dates & Times

| | |
|----------------------|--------------------|
| February 18-21, 2009 | Wednesday |
| April 15-18, 2009 | 1:00 pm - Saturday |
| June 3-6, 2009 | Saturday |
| August 26-29, 2009 | 6:00 pm CST |
| October 21-24, 2009 | Nashville, TN |

- TOPICS**
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| Unmanageability | Family of origin |
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| Rebuilding trust | Family recovery |
| Healthy intimacy | Spirituality |

"I learned I'm not alone!"

LEADERS (Varies by Workshop)

- ◆ Marnie Ferree, M.A., LMFT
- ◆ Lisa Gohmann, M.Ed., LPC-MHSP
- ◆ Dee Parlato, M.A., LPC
- ◆ Fern Sutton, M.A., LPC-MHSP
- ◆ Barbara White, MSW, LCSW

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"I received hope and tools I never had before."

- TOPICS**
- | | |
|------------------|------------------|
| Grief and loss | Unmanageability |
| Family of origin | Childhood abuse |
| Co-addiction | Boundaries |
| 12 Step recovery | Rebuilding trust |
| Family recovery | Spirituality |

LEADERS (Varies by Workshop)

- ◆ Rainey Brown, M.A., LPC-MHSP
- ◆ Marnie Ferree, M.A., LMFT
- ◆ Lisa Gohmann, M.Ed., LPC-MHSP
- ◆ Eli Machen, M.S.W., CCSW
- ◆ Fern Sutton, M.A., LPC-MHSP
- ◆ Angela Thompson, M.A., LPC-MHSP

Workshop Dates & Times

| | |
|--|------------------------|
| June 25-27, 2009 | Cost per Couple |
| July 16-18, 2009 | |
| November 12-14, 2009 | \$1925 Regular Fee |
| Thursday 10:00 am - Saturday 8:00 pm CST | \$1825 Early Fee |
| Nashville, TN | \$825 Deposit |
| | * tentative date |

PREREQUISITE
Each spouse must have attended his/her own workshop for addiction & co-addiction.

- TOPICS**
- | | |
|-----------------------|-------------------|
| Trauma-based coupling | Rebuilding trust |
| Healthy communication | Healthy sexuality |
| Handling triggers | |
| Couples' vision | |

"The workshop was a safe place where my husband and I talked about things we could not discuss before."

LEADERS* (Varies by Workshop)

- ◆ Marnie Ferree, M.A., LMFT
- ◆ Lisa Gohmann, M.Ed., LPC-MHSP
- ◆ Ken Graham, M.S., LPC-MHSP
- ◆ Eli Machen, M.S.W., CCSW
- ◆ Angela Thompson, M.A., LPC-MHSP
- ◆ Barbara White, M.S.W., LCSW
- ◆ Dee White, M.S.

DISCOUNTED FEE for Individual Workshops
\$1,225 Workshop Fee
\$400 Deposit
Through September 2009

Special Pricing

Financial Information for All Healing Workshops
Affordable price includes all lodging, meals, and materials.

- Non-refundable deposit required to register.
- Half of fee due before workshop begins.
- No interest payment plan and limited scholarships available.
- Financial package available for all 3 workshops.
- Deposit transferable to next workshop. Possible transfer fee applies.
- Prices are subject to change without notice.
- Insurance does not cover any cost of the workshop.